

APRICOT KERNELS

Produce
of Turkey



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APRICOT KERNELS

NUTRITION FACTS APRICOT KERNELS SERVING SIZE 100 GRAMS

CALORIES	604 kcal	
		% DAILY VALUE*
Carbohydrates	13.42 g	5%
Dietary Fibre	0.8 g	3%
Fat	50.70 g	75%
Protein	25 g	-
Cholesterol	0 mg	
Sodium	4 mg	
Potassium	0.6 g	25%
Vitamin A*		20%
Vitamin C*	5 mg	5%
Iron*	9.2 mg	5%
Calcium*	26 mg	5%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie diet.

CONTAINER LOADING DETAILS

		50 KG NYLON BAGS
BULK	20' DC	320 Bags
	40' DC	500 Bags
PALLETIZED	20' DC / 14 Pallets	280 Bags
	40' DC / 28 Pallets	500 Bags

HARVEST PERIOD : 15th JUNE - 30 JULY
FIRST SHIPMENTS : First Half of AUGUST